

Sheet1

Classes Offered	Day and Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aerial Acrobatics Mixed			7:30-8:30pm	7:30-8:30pm				1-3pm
Aerial Previous Experience				8:30-9:30pm				
Intermediate Aerial Rope					8:30-9:30pm			12-1:30pm
Intermediate Aerial Silks			8:30-9:30pm		7:30-8:30pm			10:30-12noon
Feather Fans			6:30-8:00pm					
Belly Dance			8:00-9:30pm					
Fire Arts				6:30-8:00pm				
Swing Dance				*6-9pm			10am-12noon	
Members Only Open Gym			7:30-8:30pm					

* Class held in Fitness HUB Location is Indicated in Drop Down Menu under Classes Section